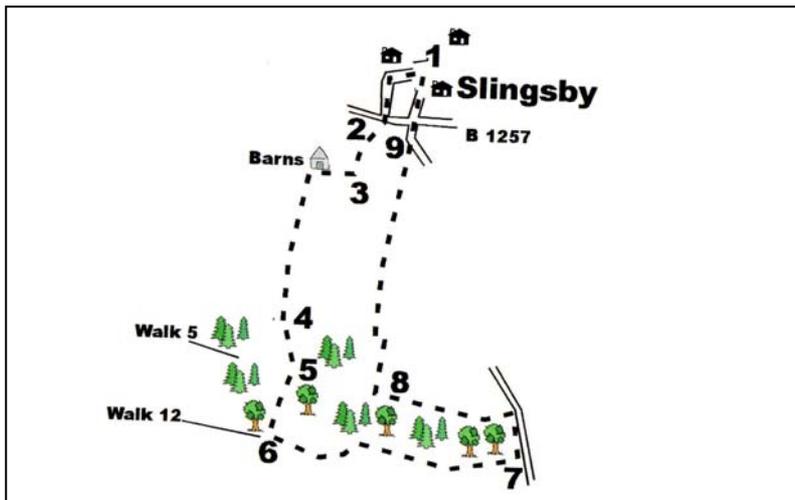


A Walk for July

Cliffords Heights, Slingsby Banks Wood, Hall Moor, Long Balk

A relatively short walk, but a little effort is needed as the first mile or so is a steady climb through farm and woodland. After the tranquillity of Hall Moor another short climb before a few hundred yards on the flat Centenary Way then take in the views on the gentle descent.

<p>Start – Slingsby Village Green</p> <p>Distance – 3½ miles Duration - 1½ - 2 hours</p>



1. From the Maypole in the centre of the Green, head south-west (past the small parking area to the left of the school building). At the corner (100 yards) bear left, and go to the top of the street (High Street).
2. Cross the main Malton to Helmsley road, and walk 10 yards to the right and go through a field gate on to a grassy path. Follow the path at a general angle of one o'clock as it crosses Clifford's Heights, a former quarry (and a great favourite with children sledging in winter) to an opening in the wall at the top of the field.
3. Turn right on to the track which, after a gate, crosses a yard to the left of some farm buildings to join another track leading left up the hill.
4. At the end of the track as you reach the forest go through the gateway and bear left at 10 o'clock on the clear path that rises through the plantation to reach a track at a waymark 'crossroads'.
5. Cross over the track following the sign for 'Hall Moor ¼' and make the steep descent through Slingsby Banks wood on a rough path. The grass clearing on the left is a mass of primroses in the early spring.
6. At the bottom of the wood where the path meets Hall Moor turn left at the waymark. Hall Moor at this point is quite remote from traffic and is a favourite place for peace and quiet. Stay on this path with the fence and wood on your left until you arrive at the main road.
7. Turn left and go up the hill on the well trodden footpath that keeps a safe distance from the road. The climb is quite steep, but short, and on reaching the waymarked track at the brow of the hill turn left.
8. Stay on the track as it rises gently then levels out, pass through a field gate then a little further on (a few hundred yards before reaching the wood on the right) turn right at the waymark through a field gate which opens on to a grassy path across farmland. Walk straight ahead until the path veers left before the hedge and right again (50 yards) as it opens up to a track, the Long Balk leading downhill.
9. Take care as the track meets the road and continue straight downhill, crossing the main B1257 road onto the footpath that you follow back to The Green.

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